

## **FOOTBALLTENNIS – basic information**

### **DEFINITION**

Footballtennis is a ball game. Its greatest advantages are easy mastering of game basics, simplicity of non-contact rules convenient for men and women of all ages, attractivity for both players and spectators and minimal demands for court and equipment.

### **HISTORY**

The beginning of footballtennis sport is dated to the twentieth of the 20<sup>th</sup> century as an alternative game for football players. They did not want to waste a time while they were waiting for football training and the number of them was not enough to play it. They started to kick a ball among them, then over benches, over a rope, and finally over the net.

The first official footballtennis tournament took place in 1940 close to Prague.

The first official rules were written in 1944.

Czech Footballtennis Association was founded in 1971 and International Footballtennis Association in 1987.



## CATEGORIES

Footballtennis is played all over the world in many variations. There are several categories divided:

- under number of players
  - Singles*
  - Doubles*
  - Triplets*
  
- under gender
  - Men*
  - Women*
  - Mixed doubles*
  
- under age
  - Adults (age 19 and more)*
  - Juniors (age between 16 and 18)*
  - Youngsters (age between 13 and 15)*
  - Children (age up to 12)*
  
- under skill level
  - Basic*
  - Medium*
  - Professional*

## EQUIPMENT

Footballtennis is an easy game. You need a playing court, net and ball.

Dimensions of a playing court are adjusted to volleyball and tennis courts (usually it is 18m x 9m).

The playing court is split into two halves by a net.

The net is tensioned at both ends so that its top part extends 110 cm over the playing court.

The ball is glued, it has 32 panels, its colour is black and white, it is made from synthetic or natural leather and it weighs from 396 to 453g.